

Eclamptic seizure

Obstetric simulation

Name:	Amy Chapman	Observations at start		CRT:	2s
D.O.B.	19/08 (38 years)	RR:	18	Temp:	36.8
Address:	(Insert local address)	ETCO2:	Not measured	BM:	7.6
		Sats:	99%	Weight:	98Kg
Hospital ID:	884 561 6341	Heart rate:	80	Allergy	NKDA
Ward:	Maternity assessment	BP:	195/110		

wara: Mareminy assessment br :		193/110		
Background to scenario		Spe	cific set up	
A 38 year old primip presents to maternity assessment hypertensive and confused. She goes on to develop an eclamptic seizure. If done in situ, discussions can be had around where to get specific drugs and equipment	+/- par In dark Equipr Emerg Tendo Specifi	croom (photoph ment for IV acce ency trolley (as n hammer	nobic patier ess, bloods per local pr	nt)
Required embedded faculty/actors		Require	ed participa	nts
Pregnant woman (voice)	Anaes			
Midwife	Midwif	e, obstetric tear	m can be p	articipants in MDT
Obstetric junior	sim			

Past Medical History

38 year old primip, 30/40. Last midwife appointment was told BP was 'borderline'

Headache all day, dull-achey, mainly frontal. Slightly blurred vision + photophobia (prefers to have lights off), advised by midwife to come for assessment

Previously fit and well, no anaesthetics in the past,

Airway MP III, normal neck and jaw movement, no loose teeth, thyromental distance >6cm

Drugs Home	Drugs Hospital
Nil regular	Nil yet

Brief to participants

You have been asked to help review a patient in the maternity assessment unit as the

Scenario Direction
delivering a patient in a labour room. A junior obstetric SHO has been sent to assess as well.
Tou have been asked to help review a patient in the maternity assessment unit as the obstettic team are bu

Scenario Direction						
	Stage 1, 0–5 minutes Initial assessment					
Α	Patent					
В	(Observations not connected) RR 18, sats 9% on RA					
С	HR 80 BP 195/110.					
DE	Slightly confused – ask slightly inappropriate questions, headache, blurred vision, photophobia					
	Brisk reflexes					
	Urine dip (if asked) +++					
	CTG normal – done 1 hour ago					
	Bloods Hb 105, UE normal, Clotting normal – done 2 hours ago.					
Rx						
	Instigate initial treatment for hyoertension					
	Stage 2, 5–10 minutes Siezure					
Α	Obstructed					
В	RR difficult to assess, sats 91% on RA					
С	HR and BP difficult to monitor due to movement					
DE	Tonic clonic seizure that lasts 1 minute (self terminating)					
	VBG during/post seizure pH 7.33 HCO 23 BE -1.0 lac 3.5 glu 7.6					
Rx	A-E assessment, airway management with maternal considerations					
	Differentials: eclampsia, epilepsy, intracranial lesions/haemorrhage, hypoglycaemia, drug					
	toxicity/withdrawal, infective causes – meningitis					
	Treat eclampsia – (use local protocols) Mg, anti-hypertensives					
	Stage 3, 10–15 minutes					
Α	Patent, drowsy, answer questions with single word					
В	RR 16, sats 92% on RA, 100% on oxygen					
С	HR 90 BP 160/95					

Rx	CTG monitoring			
	Discuss transfer to safe place for monitoring			
	Discuss mode and timing of delivery with MDT			
	Guide	Guidelines		
	Local eclampsia and pre-eclampsia guidelines			
	AA Obstetric Anaesthesia Handbook <u>https://www.oaa-</u>			
	naes.ac.uk/assets/managed/cms/files/Clinical%20Guidelines/Pre-eclampsia%20-%20UHCW%202020.pdf			
BJA		os://www.bjaed.org/article/S2058-5349(20)30114-1/pdf		
	Guidance for			
	ening lines/questions/cues/key responses	Relevant HPC / PMH		
	vague with history with some inappropriate	History as above		
	nments (confusion)			
	ncerns	Partner		
	y do I feel like this	Concerned about mother and baby		
Is the baby ok? Guidance for obstetrician role		Involved but not obstructive		
		Guidance for Midwife		
	ally busy delivering patient	Opening lines/questions/cues/responses/Concerns		
	ce seizure starts support in person, support MDT	Handover known history		
dec	cision making	Worried about patient		
		Worried about looking after patient in the assessment		
		unit		
Act	ions	Actions		
		Observations, locating equipment, supporting during		
		resuscitation		
	dance for Role e.g. ITU/Anaesthetic Senior	Additional challenges		
	ectations/actions	Change scenario to patient in labour in a pool		
Sub	port depending on the level of the participants	requiring evacuation		
		Difficult IV access		
	dia Obia Para	Non-English speaker		
	sion Objectives			
Clin	Management of pre-eclamps	sia and eclampsia		

(If Insitu) Management of an emergency in an assessment unit

capabilities and utilising team members appropriately

escalating and anticipating next steps

transfers, continuous re-evaluation

Coordinating management with an MDT, exchanging information, assessing

Planning and preparing for next steps. Prioritising, utilising guidelines, identifying

Gathering information on arrival, recognising critically unwell obstetric patient,

resources available to treat condition especially in non-theatre environment

Identifying options and balancing risks and benefits of treatment options and

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Non-technical skills

Task management

Decision making

Situational awareness

Teamworking

DE Drowsy but slowly improving