



Royal College of Anaesthetists

Winter Symposium 2019

Patient Safety, Health and Wellbeing

#RCoAWinter



10 CPD Credits



Slido Code: #Winter19



Date: Tuesday 10 – Wednesday 11 December 2019

Venue: Royal College of Anaesthetists, London

Clinical Content Lead: Dr Claire Mallinson, Consultant Anaesthetist, Council Member RCoA

In an increasingly pressurised NHS how can anaesthetists take care of their own health and the safety of their patients? The Symposium will be a lively mixture of updates, debates and panel discussions.

Hot Topics will include the new Junior Doctors Contract.

Experts will bring you up to speed with changes in anaesthetic practice and explore what the next five years will bring.

Enjoy the opportunity to ask questions, actively participate in discussions and network with your peers.

Feedback from the 2018 Winter Symposium

"Fantastic value for money given the quality of the speakers"

"Excellent overview of evolving ideas in many fields of anaesthesia"

"A must for any responsible anaest"

BOOK NOW >

Royal College of Anaesthetists

Churchill House, 35 Red Lion Square, London WC1R 4SG
020 7092 1673 | events@rcoa.ac.uk | www.rcoa.ac.uk/events

@RCoANews

RoyalCollegeofAnaesthetists

Programme Tuesday 10 December 2019

08:30–09.00	REGISTRATION AND REFRESHMENTS	
09.00-09.10	Welcome and Introduction	Dr Claire Mallinson, RCoA Council
Patient Safety: Chair: Dr Claire Mallinson, RCoA Council Member		
09.10-09.35	People, systems and safety	Professor Andrew Smith, Lancaster
09.35-10.00	Mathematics of Never events and drug error	Dr Jaideep Pandit, Oxford
10.00-10.15	DISCUSSION/ Q&A SESSION	
10.15-10.35	REFRESHMENTS	
10.35-11.10	KEYNOTE: “What support can be given”	Dr Clare Gerada, London
Support: Chair: Dr Fiona Donald, Vice Chair RCoA		
11.10-11.35	Fatigue – Where we are now and what’s next?	Dr Emma Plunkett, West Midlands
11.35-12.00	Burnout is also a patient safety issue	Liz Price, MDDUS Research
12.00-12.25	Substance Use: Awareness and treatment	Professor Eilish Gilvarry, Northumberland
12.25-12.40	DISCUSSION/ Q&A SESSION	
12.40-13.10	Update on Educational Reform	Professor Sheona MacLeod Health Education England (HEE)
13.10-14.10	LUNCH	
Awards: Chair: Professor Ravi Mahajan, President RCoA		
14.10-14.40	Joseph Clover lecture: Can anaesthetic or analgesic technique during cancer surgery influence recurrence? State-of-art and future direction	Professor Donal Buggy Citation presented by Dr Fiona Donald
14.40-14.50	DISCUSSION/Q&A SESSION	
14.50-15.20	Dr Danny Wong – President's Commendation Dr John Carlisle – Dudley Buxton Award Prof Alan Boyd – Dudley Buxton Award	Citations written and presented by Prof Ramani Moonesinghe Citation written and presented by Dr Janice Fazackerley
15.20-15.50	REFRESHMENTS	
Hot topics: Chair: Professor Mike Grocott, Vice Chair RCoA		
15.50-16.20	Hot Topic – Junior Doctors Contract	Dr Matthew Tuck, Junior Doctors Committee, BMA
16.20-16.35	DISCUSSION/Q&A SESSION	
16.35-17.00	Why Leadership and Management matters	Dr Sean O’Kelly Medical Director and Chief Clinical Information Officer, NHS East of England Val Glenny, Specialist in organisation, development and behaviour
17.00-17.15	DISCUSSION/Q&A SESSION	
17.15-17.25	ROUND UP OF DAY 1 AND CLOSE	

Programme Wednesday 11 December 2019

08:30–09.00	REGISTRATION AND REFRESHMENTS	
09.00-09.05	Welcome	Dr Claire Mallinson
09.05-09.35	KEYNOTE Who cares for those that care for the nation?	Professor Simon Gregory, HEE
09.35-09.45	DISCUSSION/ Q&A SESSION	
Wellbeing:	Chair: Dr Kirstin May, RCoA Council Member	
09.45-10.10	Suicide in Anaesthetists	Dr Samantha Shinde Association of Anaesthetists
10.10-10.35	Introducing the Wellbeing Guardian: Leading a mentally healthy workplace	Dr Kathryn Grayling and Dr Tahreema Matin, HEE
10.35-11.05	LTFT training: Before healing others, heal yourself	Dr Roopa McCrossan, Newcastle
11.05-11.25	DISCUSSION/Q&A SESSION	
11.25-11.55	REFRESHMENTS	
Innovation:	Chair: Dr Lucy Williams, RCoA Council Member	
11.55-12.40	Patient Safety, Device Regulations, Innovation, Alerts and Reporting; what anaesthetists need to know.	Dr Neil McGuire, MHRA
12.40-13.05	What's new in regional anaesthesia	Professor William Harrop-Griffiths,
13.05-13.20	DISCUSSION/Q&A SESSION	London
13.20-14.20	LUNCH	
	Chair: Professor William Harrop-Griffiths, RCoA Council Member	
14.20-14.50	The Christmas lecture: Chronic Unease and Safety	Professor Rhona Flin, Aberdeen
14.50-15.00	DISCUSSION/Q&A SESSION	
15.00-15.30	REFRESHMENTS	
	Panel discussion: Chair: Dr Claire Mallinson, RCoA Council Member	
15.30-16.15	Career Breaks and Return to Work	Dr Ali Hashtroudi, London Dr Jill Horn, Bradford Dr Caroline Kane, Sussex
16.15-16.35	DISCUSSION/Q&A SESSION	Dr Roopa McCrossan, Newcastle
16.35-16.55	Chair: Russell Ampofo, Director of Education, Training and examinations, RCoA	
16.35-16.55	Council Question Time Ask RCoA Council members anything	Dr Mark Forrest, Prof Judith Hall, Prof William Harrop-Griffiths, Dr Claire Mallinson, Dr Kirstin May, Dr Sarah Muldoon, Dr Felicity Plaat, Dr Lucy Williams
16.55-17.00	CLOSE OF CONFERENCE	

Wednesday lunchtime meetings

11 December 2019

***SAS Update and networking**
Wednesday 11 December
MR1 Meeting Room (1st Floor)

SAS Update and networking

Dr Kirstin May will host an informal meeting of SAS Doctors to discuss recent updates and provide a networking facility for fellow SAS colleagues. There will also be a short presentation.

Please sign up at the registration desk if you would like to attend

MEDITATION IN THE WORKPLACE
Wednesday 11 December 13.40 – 14.00
Gallery 2 (2nd Floor)



Guided Meditation:

A 20 minute meditation to relax your mind, refresh your focus and recharge your energy.
Tutor: Amisha Bhavsar

This meditation is provided by Innerspace, a meditation and personal development centre in Covent Garden. For more information about Innerspace click [here](#)

Please sign up at the registration desk if you would like to attend