



## Returning to Work in Anaesthesia

Friday 26 November 2021



Clinical Content Leads: Dr Jill Horn, Dr Karen Kidner, RTW online course working group

This new online course aims to build confidence and provide the strategies for managing an effective return to work.

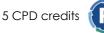
Supportive and experienced faculty will guide you through a series of small group workshops. Wellbeing and organisational aspects will be covered in the morning session, while in the afternoon case-based discussion will help to refresh your clinical knowledge and skills.

This course has limited spaces to provide maximum benefit.

The programme for this course has been designed by the Returning to Work in Anaesthesia online course working group.

@RCoANews | @Assoc\_Anaes | #RTWanaesthesia











## Wellbeing and organisation | Lead: Dr Karen Kidner

| 09:10-09:25 | Welcome and introduction   Dr Karen Kidner                     |
|-------------|--|
| 09:25-10:00 | Skills, confidence, performance and culture                    |
| 10:00-10:30 | COVID-19   |
| 10:30-10:40 | BREAK  |
| 10:40-12:45 | Workshops: Groups will rotate around three 35-minute workshops |

|   | <b>10:40-11:25</b> (inc. 10 min intro) | 11:25-11:35 | 11:35-12:10 | 12:10-12:45 |
|---|--|-------------|-------------|-------------|
| Workshop 1: Prioritisation skills in a clinical setting: obstetrics | Group A                                | BREAK       | Group C     | Group B     |
| Workshop 2: Psychology  | Group B                                | BREAK       | Group A     | Group C     |
| Workshop 3: Organisation  | Group C                                | BREAK       | Group B     | Group A     |

12:45-13:45 LUNCH

## Clinical matters | Lead: Dr Jill Horn

| 13:45-13:50 | Welcome back   Dr Jill Horn                                    |
|-------------|--|
| 13:50-16:10 | Workshops: Groups will rotate around three 40-minute workshops |

|                            | 13:50-14:30 | 14:30-14:40 | 14:40-15:20 | 15:20-15:30 | 15:30-16:10 |
|----------------------------|-------------|-------------|-------------|-------------|-------------|
| Workshop 4: Elective case  | Group A     | BREAK       | Group C     | BREAK       | Group B     |
| Workshop 5: Expedited case | Group B     | BREAK       | Group A     | BREAK       | Group C     |
| Workshop 6: Urgent case    | Group C     | BREAK       | Group B     | BREAK       | Group A     |

16:10-16:20

Summary, feedback and close | Dr Jill Horn