

Theme

You are invited to submit a video for presentation at Anaesthesia 2026, on **12-14 May**.

The video should showcase how your work fosters inclusivity and strengthens community within the field of anaesthesia.

Have you been part of a project or initiative that promotes inclusive practice, builds community among healthcare teams, or improves equity and access for patients? Whether through clinical innovation, research, education, or team engagement, we want to hear your story.

- We are looking for submissions that highlight inclusive practices in anaesthesia, whether in patient care, staff collaboration, education, or outreach.
- Projects that bring people together, bridge gaps in access or communication, and promote diversity, equity, and belonging in clinical settings.
- Videos that clearly demonstrate positive and sustained impact, such as improved outcomes for underserved populations, initiatives supporting staff wellbeing, or enhanced collaboration across roles and disciplines.
- Videos should showcase how your initiative has contributed to building a more inclusive, connected, and supportive anaesthesia community.
- Videos must provide evidence of real-world improvements, be that in patient experience, team dynamics, educational access, or service delivery and should inspire others to adopt inclusive approaches that make anaesthesia care more equitable and compassionate.

Eligibility

The competition is open to all healthcare professionals or student healthcare professionals.

Prize

1st prize: £100 voucher

All accepted videos will be invited to present their poster at the Conference.

All accepted videos will also be able to have the abstract published in the British Journal of Anaesthesia Open Access Journal, please see information below for submitting your abstract to them.

How to enter

- Submit your video via WeTransfer or Dropbox to events@rcoa.ac.uk along with a signed copy of the form below.
- Please follow the poster preparation guidelines on page 2; failure to follow the guidelines could result in disqualification from the competition.
- Please follow abstract preparation guidelines on page 3 for the submission to the BJA Open Access Journal.

What happens next?

- The closing date for entries will be **23.59 Monday 16 March 2026**.
- A panel of RCoA judges will assess all submissions shortly after the closing date. Authors will be notified by **Monday 13 April** if they have been invited to display their video at Anaesthesia 2026.
- All accepted videos will be invited to showcase their video on the virtual platform.
- Authors selected to present their video will need to book a place at the event in order to display their work. Please visit <https://www.rcoa.ac.uk/anaesthesia> to book your place (this can be for day one only).

PLEASE COMPLETE AND RETURN WITH YOUR VIDEO

I _____ (print full name)

certify that the research submitted has not been previously presented at a major meeting or published.

I confirm that all the authors listed support the submission of this abstract to the RCoA.

Date: _____

Signed: _____

Email: _____

Phone: _____

Note: signatures/electronic signatures are preferred; however typed names in the signature field will be accepted as certification of this statement.

Video Preparation Guidelines

Criteria

- **Videos should be a maximum of 3 minutes long**
- Be clear and to the point
- Use slides or images where relevant
- Please do not just read your abstract, use graphics and images to make it more interactive
- We would prefer that you don't use AI to create your videos, however if you do wish to use it please declare this when you submit your video

Technical specifications

We do check all video abstracts for quality, to make sure they are watchable. Below are our technical specifications:

- Format: .mov, .mpg, or .mp4
- Maximum file size: 100 MB
- Aspect ratio: 16:9, square pixels, deinterlaced (landscape format is best)
- Videos must be submitted as a video file or link to the source video - we cannot accept video links to other platforms, i.e. YouTube links

Videos must include:

- acknowledgement of sources of funding
- a content structure that progresses through: title, authors, institution(s), introduction, methods, results, conclusion, acknowledgements and references.
- the following statement (if applicable and true): "This study received ethics committee approval or was conducted under the Animal (Scientific Procedures) Act (1986) (include licence numbers) or equivalent"

Other information:

- the presenting author will receive a certificate of presentation for producing and presenting a video and may be entitled to claim CPD credits internally. You are advised to liaise with your appraiser. For enquiries regarding RCoA CPD accreditation please contact the CPD Coordinator at CPD@rcoa.ac.uk.
- The British Journal of Anaesthesia Open Access Journal will work with us to identify content they wish to publish. For those chosen the publishing fees will be waived. As part of this process, we ask that you submit your work as an abstract along with your video following the instructions below.

The British Journal of Anaesthesia Open Access Journal guidelines

We are pleased to be able to provide an opportunity for authors of accepted videos to have an abstract of their work published in BJA Open.

You can view published abstracts of posters presented at Anaesthesia 2022 here:

[https://www.bjaopen.org/issue/S2772-6096\(22\)X0006-3](https://www.bjaopen.org/issue/S2772-6096(22)X0006-3)

If you wish to have an abstract of your poster considered for publication for 2026 you must prepare and submit this according to the following instructions in addition to the submission of the digital copy of your video.

Abstract preparation:

Abstracts should be prepared as a single page Word file formatted as follows:

- Paper size: A4
- Margins: all set at 2.5 cm
- Font: Times New Roman 12pt
- Line spacing: single

The content should include:

- Abstract title (in bold)
- Full author list with affiliation for every author, separated with commas.
- Text must include Subheadings: Objective, Methods, Results, Conclusions in bold, followed by colon and Roman text.
- One figure or table may be included but it must be embedded within the single page document. Any figure or table must have a legend/caption
- Reference list formatted as follows: 1st author name, et al. Abbreviated journal title year; volume: page numbers, e.g. Rueffert H, et al. Br J Anaesth 2021;126:120-30.
- Funding – acknowledge any sources of external funding that have supported the work.

Abstract submission (deadline 16 March 2026):

- Please submit abstracts as an email attachment along with the signed submission form and your video
- The subject of the document should be "RCoA Conference Abstract Submission [your name]"
- In the body of the email please provide details of any relevant regulatory & governance approvals for publication of your work.
- Please copy (cc) all authors into the email to confirm that they have approved the submission.