

## Q&A from ST4 self-assessment Webinar 12 Nov 2025

At the end of the webinar attendees had the opportunity to ask questions. The following is a summary of some of the questions and answers to those directly related to the Aug 2026 application.

Questions relating to very specific individual evidence were not answered. Please contact your educational supervisor, College Tutor or TPD if you need help in deciding what to upload or how your evidence scores.

You must refer to the self-assessment criteria, the self-assessment guidance and portfolio organisation score guidance on the ANRO website when you upload your evidence.

Information regarding submitting your application and the portfolio upload is available on the ANRO website. If you have questions relating to this then you should contact them directly: <https://nhs-help.freshdesk.com/support/home>

All applicants should read the 'ST4 Applicant guidance Round 2 2026' document. This gives detailed information on the whole application process including eligibility to apply.

**1. Does being a site lead for a national service evaluation count under research, audit or nothing at all?**

Answer: Whilst it doesn't sound like research, it may well be a QUIP; we would suggest showing your evidence to an Ed Sup and deciding where it best fits.

**2. If we have been awarded a prize from a conference but it is not online anywhere, is the certificate sufficient?**

Answer: As long as the certificate makes it clear what the prize is for; if not, you could also support with a Letter of Evidence.

**3. For domains specifying 'during anaesthetic training'/'since starting anaesthetic training' - if a long-term project was started before commencing stage 1 but continued through training, would this be sufficient?**

Answer: If the project began before anaesthetic training commenced, then the points will be allocated from the time of the start of the project i.e. in domain 4 this would gain 2 points

**4. Can you please clarify what is considered to be one document? For example, an appraisal summary is usually 3-4 pages long, will this still be allowed as a single document? If we are uploading all documents into a single pdf, how will multipage documents be identified so it doesn't appear as if I'm uploading 8 documents?**

Answer: As noted in the guidance, most domains allow the submission of up to four pieces of evidence (each piece may have 3 subunits). A single, multipage pdf, with

(for example) two QULPs (each QULP having a letter of evidence, a PowerPoint presentation, and a certificate from your audit department) and a Domain explanation page counts as one document but two pieces of evidence.

**5. What evidence do we use to show we've done ACCS if stage 1 not yet complete?**

Answer: Normally you should be able to submit an ARCP report from your year of AM/EM.

**6. Do publications achieved as an undergraduate count?**

Answer: They may score 1 point. Refer to the guidance document.

**7. I have got a collection of locum work that adds up to 6 months experience without evidence of outcomes. Are payslips an acceptable way to evidence this?**

Answer: To be counted towards total clinical experience, the locum work requires to be at least three continuous months or more (please see Guidance). Please do not upload payslips. A letter of evidence from a consultant working in the same department as you would be the best evidence.

**8. I have a consultant letter describing my role in a QI project for domain 4. The consultant isn't hugely tech savvy and I've since rotated out of the hospital, so she's signed the letter just with her name in italics and her title "Consultant anaesthetist etc etc". Do letters need a proper handwritten signature or will this count? Unless consultants are familiar with e-signatures it can otherwise be difficult if you've rotated away from a trust and can't sign in person**

Answer: Letters of evidence should have a signature which can be handwritten or electronic.

**9. Domain 3: is time in specialty affected by LTFT e.g. if working 80% need to do 7-8 calendar months in ICM to count as 6 months experience?**

Answer: Yes this would be counted pro-rata and should be explained in the Domain explanation, and evidenced on the Timeline

**10. Domain 4 – does the QIP need to have been presented as a PowerPoint specifically, or could it have been presented as a poster at local meeting?**

A: A poster presentation could be used in lieu of a PowerPoint presentation.

**11. Why do you score less points for over 36 months of clinical experience?**

Answer: This was a decision taken a number of years ago, when Self-Assessment was first used. A significantly higher amount of time in another specialty may indicate less commitment to the Anaesthetics specialty.

**12. A 3rd place national prize gets ZERO points?**

Answer: Unfortunately, it was decided that a cutoff was necessary, and points are only awarded for first prize or runner up.

**13. The guidance doesn't state the prize needs to be within anaesthetic training. Does a national prize after foundation training but before anaesthetic training count as 4 points?**

Answer: Yes

**14. If an activity such as organising teaching or research was carried out extracurricular with a supervisor who is not a consultant anaesthetist but another role of responsibility, can they still sign the evidence letter? or would you have to get a college tutor to verify?**

Answer: Yes – but their role should be clear.

**15. For candidates who have been able to count previous experience towards stage 1 training, would this previous time be considered part of "stage 1 or equivalent" for the purposes of scoring? (eg If a candidate completed ACCS in a different specialty prior to core anaesthetics, and is having their 12 months of anaesthetics and ICU counted towards their stage 1, would activities during that year count for domains such as domain 4 "since starting core or stage 1 anaesthetic training or equivalent" or domain 8 "since commencing anaesthetic training"?)**

Answer: If an applicant commenced ACCS EM/AM and then moved to Anaesthetics training, we would consider any activities that happened during the ACCS EM/AM year or in ICM or Anaesthetics as "within anaesthetic training".

**16. Are there any guidelines available for international evidence? What forms of evidence can we use for a 3-year MD and 3.5 years of experience post MD from India?**

Answer: The guidance is the same, whether UK or international. Please see the Guidance document.

**17. Do grants/research need to have been completed since graduating, or is there no time limit on these?**

Answer: Undergraduate research may score up to 2 points (please present evidence).

**18. In teaching if it says, 'regional or national'. I assume international would be counted the same.**

Answer: Yes

**19. How should candidate evidence having taught on ALS courses for 2 points? Would a copy of the course program listing the candidate as course faculty be sufficient? (bearing in mind certificates are not generally provided for \*teaching\* on ALS courses)**

Answer: The course program should identify an applicant as a faculty member.

**20. If you organised a national teaching event and so far, delivered one day and have one planned for later in the year does this count or not?**

Answer: No, you cannot use a future event as evidence.

**21. What should we do if our college tutor/educational supervisor does not know how we should score a domain or what evidence to upload?**

Answer: Your College Tutor/Ed Sup may be able to discuss with a colleague.

**22. If you organised a national teaching programme would you get the points or do you also have to deliver the sessions?**

Answer: Organisation of teaching should be evidenced in Domain 10.

**23. If I have done local teaching + ALS teaching can it be added for a total of 4 points?**

Answer: No, points are not additive. You should upload the evidence that will give you highest points on the domain criteria.

**24. If the research is published in a journal, can it be marked in both the domains(research and publication)**

Answer: Yes

**25. Does a Cochrane Protocol for a systematic review count as original research? What evidence to provide to prove that it is peer reviewed?**

Answer: Please submit the evidence of this work, and the assessor will review.

**26. Domain 3 – how much detail is desired on the summary if we have many previous posts? Is a list here preferred or should we simply assume the cv from domain 1 is being referred to when scoring this?**

Answer: Expected outcomes need to be evidenced for all posts; if they are not, this will limit score to 1 or 2 points.

**27. Do conference abstracts ie from a conference if on PubMed count**

Answer: Generally, conference abstracts do not count as publication. The guidance for domain 7 states 'Publication of a poster abstract following presentation at a meeting does not score'

**28. Does the publication have to be in a particular specialty?**

Answer: No but it needs to be relevant to medicine

**29. Does research during post graduate residency (not claiming in domain 1) abroad that has an ethics committee and scientific committee be considered for scoring at all?**

Answer: Yes – please see Guidance for domain 5 (Research)

**30. Are we able to use a leadership certificate in Domain 1 to gain 2 points?**

Answer: No –this should be scored in domain 10 please (see Guidance).

**31. If I'm not sure if something counts as an oral international presentation, and I have a poster presentation which I know will count, will I lose points on the global rating for uploading both and erring on the side of the higher points-scoring presentation on which I am unsure about?**

Answer: See Guidance ("Where applicants are unsure if evidence will justify a higher score, they may submit a second piece of evidence to justify a lower score – this should be explained in the Domain Score Explanation.")

**32. If I was involved in a poster but my colleague presented it, can I count it?**

Answer: No – you should be the presenter

**33. In Domain 4 - do you need to submit evidence of a presentation of the initial audit and also of the re audit. Or is the initial audit PowerPoint enough along with other proof of re audit?**

Answer: Normally one PowerPoint would be enough – but it would require evidence of reaudit too.

**34. If a poster has already been accepted and will be given by the time of portfolio review (but hasn't yet) could this be counted?**

Answer: This is an example of where a score would be increased between the initial application and the document upload (and should be explained in the Domain Explanation).

**35. Will POS points be deducted if we upload evidence of more than 2 oral presentations? (like in the QIP domain?)**

Answer: Potentially yes – you need to pick your two best presentations and submit these.

**36. Can a prize win at a conference for a QIP counted in domain 4 count for domain 2?**

Answer: Yes

**37. Domain 8 - does giving an oral presentation at a national meeting AND giving a poster presentation at a different national meeting score 5 or 6 points?**

Answer: 5 points (this doesn't count as more than one oral presentation).

**38. In domain 3 - regular (full time equivalent) locum in ED for 1 year with evidence of outcomes and appraisal. Does this count as 2 points?**

Answer: If appropriately evidenced – yes.

**39. Do we need to have been the presenter of a co-authored poster to score 4 points? Or would having co-authored a poster that was presented by another member of the team score these points?**

Answer: No – you should be the presenter to score points.

**40. If we have been awarded a prize for a poster presentation, can we submit that in two domains?**

Answer: A prize awarded for a poster presentation in Domain 8 can be evidenced in Domain 2 as well.

**41. If I have done two separate cycles of an audit, i.e. 2 fully closed loops, and made new changes and recommendations each time, can that be counted as two audits? It seems unfair to be penalised for doing two audits but on the same topic.**

Answer: No, that is only 1 audit

**42. What about presenting a case at a national meeting - certificate confirms this was a national meeting and I have a PowerPoint?**

Answer: If you are claiming 5 points, you need to provide more evidence that this was a presentation to a full audience eg your name should be in the conference programme showing you gave an oral presentation or a letter from the organiser of the conference confirms this

**43. If our oral presentation was in an auditorium but there was no PowerPoint used, will this still score points?**

Answer: Yes, you should be able to gain points provided you provide a verified copy or a link to the oral presentation. You need to provide some evidence of your actual presentation so we suggest that you discuss with your ES or College Tutor on how this could be best evidenced.

**44. What would the correct number of points be for acting as a site lead for a trainee research project please?**

Answer: Please see guidance document under domain 5 research.

**45. If your ATLS certificate has expired but you attended a re-certification course (one day), does this still count as a two-day course?**

Answer: No, it counts as a 1-day course

**46. AoA does not use CPD points (they have clarified this is now their policy)-would a program showing eg a 9-5 program of events suffice for evidence of one day duration?**

Answer: Please see guidance document but generally a full programme from 0900-1700 would count as 1 day

**47. Domain 9 - It mentions CPD in stage 1 training in the blue column: if we've done ATLS and APLS within last 5 years but before stage 1 does it count?**

Answer: Yes, provided the certificates are both still valid- both of these are valid for 4 years from the date of the course. All course certificates should be in date at the time of document upload.

**48. If you think you may score 4 points but worried it may not count (e.g. teaching programme), can you also put something that definitely scores 2 points (e.g. ALS instructor)**

Answer: See Guidance ("Where applicants are unsure if evidence will justify a higher score, they may submit a second piece of evidence to justify a lower score – this should be explained in the Domain Score Explanation.")

**49. When you say 'length' of the course would simply having the date be enough to suggest 'one day' or would you need the programme?**

Answer: Please see the guidance document. Some courses are less than one day, ie morning or afternoon only so a programme should be used as evidence if no CPD points on the certificate.

**50. Domain 10 - regional representative for national research association - does this still count even though some link to research as roles were more in organisation and communication rather than a direct role in research?**

Answer: We would need to see the evidence to answer this.

**51. For mandatory employment modules in domain 9, do modules like fire safety / diversity etc from a university job count? My current employer is a university, not the NHS. I only have an honorary NHS contract, and therefore no mandatory training from them**

Answer: Yes, as long as you can evidence mandatory training, that will count

**52. In domain 8, does presenting a case report count? (not just a QUIP)**

Answer: Yes

**53. Domain 9: is mandatory training in latest post from stage one training as per title of domain, or most recent post (e.g. if now a fellow after stage one) as per guidance?**

Answer: Ideally from current post you should provide mandatory training from your fellow post.

**54. Does the definition of national/international applies to the teaching domain as well? For example, if the course was organised by a hospital but the attendees came from all over the nation - does that count as national course?**

Answer: A course organised by a hospital is local, no matter where the delegates come from.

**55. For the minimum 6 months time commitment needed for domain 10 - is the deadline for this the last day of the upload window? Or the time of ST4 post commencement?**

Answer: As evidence needs to be provided to demonstrate an impact, this needs to be by the time of document upload. If you have slightly less than 6 months evidence but can show an impact, please upload this evidence and the assessor will review.

**56. How would you score the role of a local principal investigator on the research domain?**

Answer: Please see Criteria/Guidance under domain 5 (Research)

**57. For the training timeline/CV do you need exact date of roles i.e. day of month started/finished or is month/year adequate?**

Answer: We would encourage full dates to be used.

**58. Are these scores combination of self-assessment and POS**

Answer: No; the graph showed applicants' unverified score and then the score after verification (excluding POS)

**59. Does the unverified/verified score bell curve include POS?**

Answer: No

**60. Do projects done in the first year of ACCS Anaesthetics (EM and AMU) count as being done after starting Anaesthetics training?**

Answer: Yes

**61. If you have more than one piece of evidence for one domain, should you submit both or only the highest scoring one? If you are then down marked, is there another chance to submit the other piece of evidence?**

Answer: See Guidance ("Where applicants are unsure if evidence will justify a higher score, they may submit a second piece of evidence to justify a lower score – this should be explained in the Domain Score Explanation.")

After portfolio upload has completed no further documents can be submitted.

**62. Does being given fewer points than you have marked yourself for a domain make you likely to lose POS points?**

Answer: No- refer to POS guidance document.

**63. Is using the evidence letter on ANRO website obligatory or can we use a different letter template to show evidence?**

Answer: Other letters of evidence may also be used.

**64. If you're not sure if a piece of evidence will be counted, can you submit back up evidence worth a lower score**

Answer: Yes – see Guidance (this should be explained in Domain explanation).

**65. If you gave an oral presentation at a national conference, but you were unable to attend in person so the presentation was pre-recorded and played at the conference, will this still score 5 points in domain 8? (if you gave evidence of the schedule)**

Answer: Yes, if this was a presentation in front of an audience.

**66. Do we need to attach a program for all events attended. Does program + certificate count as one piece of evidence with 2 components?**

Answer: Yes – this would be one piece of evidence with two subunits and if the event doesn't state the CPD points then you should submit the programme.

**67. If let's say we have MRCP or evidence for top scoring points, should we still upload to cover all 4 bits or if we score straight away (and straight forward) then should we fill the other bits of evidence just in case?**

Answer: No – you only require submitting the evidence which scores most points.

**68. Does being a part of a regional doctors' forum and being a regular speaker on it (more than 3 occasions), count for leadership domain?**

Answer: Please submit the evidence and this will be reviewed by the assessor.

**69. For evidence in domain 3 do you need to see what the expected outcomes were for a role or is it enough for appraisal summary/letter from supervisor to state that 'all expected learning outcomes were met'**

Answer: A document from a supervisor indicating educational outcomes have been achieved is acceptable.

**70. Regarding the evidence signatures from consultants, most are e-signatures, what should be done about that? Will they be accepted? As it's not clear in the answer above.**

Answer: An e-signature is valid.

**71. I am first author of a peer reviewed publication in a medical education journal. Would this still be counted or does it need to be strictly medical publications?**

Answer: This is still a medical publication.

**72. Do we get to see the reviewer's comments before appeals?**

Answer: Yes



**73. Do Letters of evidence need to sign off by college tutors? Some evidence pertains to Acute medicine/ED as part of ACCS**

Answer: No – an AM/EM consultant is equally valid

**74. Domain 3 - You stated we must submit all evidence if we have more than 36 months of clinical experience. What if one has done a few months of locuming (a period of <5 months i.e. work that won't count towards points) between full-time jobs? Does one have to demonstrate "evidence of achievement of all expected outcomes" for these periods of locum work as well, even though it won't count towards points?**

Answer: Occasional locums do not need to be evidenced; however, you would require evidence if a post had lasted 3 months or longer.

**75. I have a fellowship in Regional Anaesthesia from different countries, which domain can I enter this into?**

Answer: We would need to see the evidence. It may be given points in domain 1 depending on the qualification obtained and the length of time undertaking the training.

**76. Are there any guidelines available for international evidence for 7 years of anaesthetic practice?**

Answer: There is no specific guidance for international evidence; the same document covers all evidence.

**77. Can you change your score if it changes between November to January?**

Answer: You can request a score change, but you cannot change the score yourself; this should be explained in the Domain Explanation.

**78. If we have been given a medal for MSc during training period, will that be counted as a prize in post graduate section.**

Answer: It would depend on when this took place Masters degrees occurring at any time prior or during undergraduate medicine do not count.

If the medal is given after this time, then upload the evidence and the assessor will review.

**79. If we're undertaking research project (mixed methods study) and collaborating with a university sponsor but not NIHR or grant approved and not TRN but still planned, IRAS and consideration REC/HRA are this still worthy of 4 points?**

Answer: Please upload the evidence and the assessor will review. A letter from your supervisor detailing your role would be helpful

**80. How many years in anesthetic training are considered postgraduate periods?**

Answer: Anytime following award of an undergraduate medical degree is considered as postgraduate.

**81. If I have presented 3 audits locally and listed all of them in domain 4 but gave detail of only 1 audit for the maximum points. Can I still list the other two presentations for domain 8?**

Answer: You would need 2 different audit projects to potentially gain 5 points in domain 4.

But if you have a different audit project that hasn't been submitted for points in domain 4 then yes you can use this as a presentation in domain 8.

- 82. Do you need a letter of evidence if submitting an LLP entry with a consultant comment on it, for example a supervised learning event? The consultant has already acknowledged and commented on this. Do you need an additional letter of evidence for this. For e.g. a QIP**

Answer: It would depend on what the Consultant comments are- for a QuiP, an A-QIPAT with the consultant explaining your role and involvement in the project should be sufficient without needing a letter of evidence

- 83. During the November timeline for application submission do we need to upload a letter from college tutor that stage 1 equivalence will be made ready in April 2026?**

Answer: Please refer to the oriel application and applicant guidance on this. If this doesn't answer your question, then please contact ANRO directly

- 84. Do we need to provide description of the course/number of credits for well-known qualifications eg MRCP or MRCEM or would the certificate suffice?**

Answer: No for well-known exams such as MRCP then the certificate will be enough

- 85. If you do research and publish it in peer reviewed journal. Does it get points in both research and publication?**

Answer: Yes

- 86. If I received a prize at trust level and the certificate has some patient identifiable details, can that certificate be submitted by striking off the patient details? or is a letter of evidence from ES sufficient?**

Answer: I think in this instance a letter from your ES would be preferable as you cannot risk any of the patient's details being visible

- 87. What if there is extra evidence that we can provide during evidence and then there is a change in the initial score provided by us during application, will it be acceptable?**

Answer: As stated in a previous answer- you cannot change the score yourself once your application has been made but you can request a change of score during the portfolio upload window provided you provide an explanation and the appropriate documents. The assessor will then review this with your evidence and then could change your score.

- 88. Domain 2: does an appreciation such as "star of the month in ICU" be considered a Greatix?**

Answer: We would need to see the evidence. Please upload the certificate and an explanation about why you received it and it will be considered by the assessor.

- 89. Regarding Domain 4, the specification asks for PowerPoint slides for QIPs/ audit. If you have presented QIPs as poster presentations, are poster presentations sufficient or do they have to be ones presented orally with PowerPoint?**

Answer: A poster would be sufficient provided it has the date of the QIP and has all the information to justify the score

**90. Do journal club presentations count towards local presentations in domain 7?**

Answer: Yes

**91. Can 2 cycles of the same audit (i.e. 3 rounds of data collection) count as 2 audits if you close the loop each time?**

Answer: No if this was a continuation of the same audit then it counts as one audit even if multiple rounds have been undertaken

**92. Can I include 6 months of ITU experience as per stage 1 curriculum for clinical experience domain 2?**

Answer: No time in ICM has to be outside of the time of those 6 months done as part of stage 1 training.eg done as a fellow post in ICM following completion of stage 1 training.

**93. Will email of compliment from patient / patient advocate to department lead count as greatix?**

Answer: Please discuss with your ES but we would normally expect to see a certificate and thank you letters from patients /colleagues would not be considered an award

**94. Is Diplomate of National Board in Anaesthesiology achieved through exams after doing MD Anaesthesia training awarded any points?**

Answer: No points are given for any anaesthetic exams in domain 1.

An MD or similar qualification which is done as part of standard anaesthetic training does not gain points in domain 1. See applicant guide for details.

**95. Do publications do in home country count? If it's not PubMed indexed?**

Answer: If the publication is in a peer-reviewed journal and this evidence is provided then points may be given

**96. For domain 10, does leadership role undertaken as a doctor abroad (with evidence of achievements) be considered for any score?**

Answer: This may gain points in domain 10. Please submit this with your evidence

**97. Are signed statements of service sufficient to evidence work in complimentary fields?**

Answer: This would only count as the time component. To gain a higher number of points 'expected outcomes need to be provided. See guidance document.

**98. Can we submit a poster presentation as evidence which has been awarded in two separate domains under awards and presentation?**

Answer: Yes

**99. Are electronic signatures accepted?**

Answer: Yes

**100. What was the cut off score for obtaining an interview in the Aug 2025 entry. It would be good to know roughly what I am aiming for.**

Answer: In the last few rounds everyone who was longlisted gained an interview irrespective of their self-assessment score.

However, the self-assessment score could be used for shortlisting if the number of longlisted applicants exceeded the number of interview slots. We cannot provide a cut-off score as this depends on how all of the applicants in this round score.

**101. Can a QI project where the intervention is teaching/education session count towards the QI domain?**

Answer: Without more detail we can't answer this but if it may count. Suggest you discuss with your supervising consultant or ES.

**102. I was chief resident in a hospital prior to anaesthetic training. This hospital had trainees from west of Scotland, southeast of Scotland and east of Scotland - is this a regional or local leadership role?**

Answer: This sounds like a local role as you were representing one hospital

**103. Do you have revised timelines for those who have had maternity leaves/ LTFT ie Domain 9 in last 5 years, but I've had 3 maternity leaves and work 60%...thanks**

Answer: For domain 9 all CPD has to have been done within the last 5 years at the time of document upload irrespective of any time out of training or if you are LTFT For all other domains then evidence is considered prorata and this should be clearly explained in the timeline.

**104. Are letters of evidence from previous ES acceptable or should they be updated by current ES for the same evidence?**

Answer: it would depend on what the evidence is for. If it was a previous ES that supervised a project, then you could use the same letter of evidence.

**105. In terms of complementary specialties, do other medical jobs (e.g. gastroenterology) count? Or is it just ED/Acute medicine?**

Answer: Any other specialties (except Anaesthesia, research and teaching) done after the foundation period count so yes- gastroenterology would count

**106. If my trust doesn't have a. greatix but I have a letter of commendation from a consultant considering the absence of the official greatix award in my trust. Will I be able to get any points in domain 2?**

Answer: This may count. Please upload it with an explanation in domain 2.

**107. When domains state, "during anaesthetic training" if you have gained the points after completing Stage One training in a fellow year, does this count as "during anaesthetic training"?**

Answer: Yes, when it states during anaesthetic training then this also applies to time in an anaesthetic post following stage 1 training

**108. Do you have any data on gender/age differences in portfolio scores (both self-appointed and verified).**

Answer: No, we don't currently have this data

**109. Will there be a move to 'blind' application i.e. candidates anonymised?**

Answer: There is no plan to introduce this and a lot of the evidence for self-assessment would be difficult to verify without knowing the applicant's name.

- 110. The 3rd place prize is not 5th, 6th, or 7th though. Why not just specify that specifically instead of saying 1st place only.**  
Answer: We had to make a cut off somewhere and for this round, points will apply for 1st prize or runner up. We constantly review the scoring and criteria based on feedback to be fair to all applicants so this may be reviewed in the future.
- 111. Domain 10 guidance says 'Organising a one-day study day locally or regionally (without teaching on it) scores 2 points, or 3 points for a national course.' - if scoring conference or course organisation for leadership points to be a national course is this based on attendees or are we expected to be part of a national organisation whilst organising the course/conference to score the points?**  
Answer: National/ Regional etc is based on the course/organisation. Refer to the guidance document for more details.
- 112. Please can you clarify this answer further - "presentations related to publications do not get additional points if points have already been given in domain 7".**  
Answer: If the presentation is directly related to a publication awarded points in domain 7 then no additional points are given in domain 8
- 113. If using a research paper as evidence of research or publishing, this may have many pages. Is that acceptable or is there a limit to the number of pages a piece of evidence can have?**  
Answer: You don't need to upload the whole document if it consists of many pages. The front page of the publication identifying you or the relevant pages would be sufficient.  
Alternatively provide a link to the publication
- 114. Does organising regional teaching course that was before 5 years but after undergraduation. Does it count in teaching domain?**  
Answer: Yes, but depending on whether it was done in the postgraduate period or during anaesthetic training then different points are given- see criteria and guidance document
- 115. If I was working as a consultant in India but now applying for ST4, will I get penalised for this?**  
Answer: Provided you meet the person specification and other requirements then you can apply and won't be penalised. Please refer to the applicant's guidance.
- 116. Does teaching at an international course as a medical school count for points?**  
Answer: Provide the evidence and it will be reviewed
- 117. I am due to finish the API scheme on 21/01/26 (10 days after closure of the self-assessment document) does this mean I cannot include it into domain 5?**  
Answer: Please provide evidence of your involvement in the API scheme together with a letter from your supervisor and it will be considered
- 118. Do contributing author to a medical textbook count in publications?**

Answer: Yes – refer to the guidance document for domain 7 for details

- 119. I presented at a REGIONAL ICM TRAINEE PRIZE MEETING, where all presenters presented an 8-minute oral presentation. Does this count towards oral presentations in domain 8?**

Answer: Provided the evidence is uploaded this would count as 'an oral presentation at a regional meeting' and gain 4 points

- 120. Does a case report count as original research if it has been published in a peer-reviewed, Pubmed listed journal - not just an online e-journal?**

Answer: This is unlikely to count in the research domain but may gain points in domain 7. Refer to the criteria and guidance document

- 121. What is a CT3 top up form? Do people currently in CT3 of core training (ie haven't yet completed stage 1) need it?**

Answer: No if you are in a UK training programme and will complete stage 1 training by time of appointment then you don't need this.

The form is for those that have not transitioned to the 2021 curriculum and needed to complete an additional year of training following completion of the core training programme.

- 122. Can you apply to both England and Scotland for ST4? If not, why?**

Answer: You can only apply to one cluster so you can apply either to England and Wales, Scotland or Northern Ireland. See applicant guide for details

- 123. If you have worked multiple locum or part-time positions, but between them they accumulate to essentially working full-time - how is best to evidence this? Can one upload a list of shifts to help or what would you advise?**

Answer: In domain 3, a minimum of 3 months continuous time period in one hospital would count towards the minimum 5 months period you need for any points in domain 3

- 124. Is it additive when you talk about specialty work more than 36 months**

Answer: Yes, all posts count to make up the total number of months experience in other specialties All posts must be listed in your CV/timeline

- 125. Can you please confirm whether a "reapplication to specialty" form is required for candidates who previously resigned from training in another specialty to take up core training in anaesthetics?**

Answer: Please refer to the applicant guide or if this doesn't answer your question then contact ANRO directly

- 126. Can we put the same evidence in more than one domain?**

Answer: Only if it is directly relevant to more than one domain

- 127. Do we have to have a CV as well as a career timeline? Or is a timeline sufficient?**

Answer: timeline is sufficient; a CV MUST include a timeline

**128. Do we need to have stage 1 equivalence certificate at the time of application creation? If not what's the timeline to upload the stage 1 equivalence certificate**

Answer: This deadline will be 1pm on Friday 10th April 2026

If you need a stage 1 equivalence certificate, then you are advised to make contact with your Regional Advisor as soon as possible so that they have time to review your evidence.

**129. If we have a certificate to show a regional leadership position, is a letter still required if no longer in contact with the organisation?**

Answer: If it clearly demonstrates the points score then you don't need any further evidence, but a brief description of your leadership role should be provided.

**130. If you publish a piece of original research and then present some of the contents at a later point at an international conference, can this be used in both domains 7 and 8?**

Answer: presentation related to publications do not get additional points if points have already been given in domain 7

**131. Can, I check we only upload evidence in January, the November oriel application won't include any evidence upload?**

Answer: This is correct; at the time of application, you will just need to score yourself against each of the domains Then you upload the evidence from January 5th-11th 2026.