



e-PAIN Modules & Sessions Update

Module Name	Module Description	Session Name	Status
Module 01: Introducing Pain Management	An overview and introduction for non-specialists to the topic of Pain Management	Epidemiology and the Burden of Pain	ONLINE
		Definitions and Mechanisms of Pain	ONLINE
		History, Examination and Assessment of Pain	ONLINE
		Common Medications and Therapies for Pain	ONLINE
		Acute Pain Management	ONLINE
Module 02: Acute Pain 01 Introduction	A more detailed look at acute pain. The first part of the module, Introduction, includes content to enable users to gain knowledge of the assessment and management of acute pain. The second section, Acute Pain Techniques, provides further detail on the treatment methods for acute pain	History, Organisation and Objectives of Acute Pain Teams	ONLINE
		History, Examination and Simple Uni-Dimensional Tools	ONLINE
		Perioperative Management of Chronic Pain Patients	ONLINE
		Preventative vs. Pre-emptive Analgesia	ONLINE
		Chronic Post-Surgical Pain	ONLINE
		Predictors for Chronic Pain	ONLINE
Module 02: Acute Pain 02: Acute Pain Techniques		Step III: Administration Techniques – IV Bolus, PRN, Infusion	ONLINE
		Step III: Administration Techniques – IV PCA	ONLINE
		Step III: Administration Techniques - Oral, Intramuscular, Subcutaneous, Rectal, Sublingual and Inhaled	ONLINE
Module 03: Pain as a Long Term Condition	This module explores persisting or chronic pain and what can be done to help people learn self-management skills	Biopsychosocial Model in Pain Management	ONLINE
		Chronic Pain Management	ONLINE
		Multidisciplinary Management of Chronic Pain	ONLINE
		Psychological Assessment and Approach to Treatment	ONLINE
		Ways of Supporting Pain Self-Management Strategies	ONLINE
Module 04: Treatments and Therapies	Looks at the treatments available for pain, both pharmacological and non-pharmacological	Non-Steroidal Anti-Inflammatory Drugs	ONLINE
		Paracetamol	ONLINE

		Opioids - Basic Principles	ONLINE
		Commonly Used Opioids	ONLINE
		Local Anaesthetics	ONLINE
		Antidepressants and Anticonvulsants	ONLINE
		Multimodal Analgesia	ONLINE
		Assessing Treatment Effectiveness	ONLINE
		Interventional Procedures for Pain Relief	ONLINE
		TENS and Alternative Treatments	ONLINE
<u>Module 05: Pain Conditions Around the Body</u>	This Module covers important persisting pain conditions that together make up a significant proportion of the burden of pain	Primary Headache	ONLINE
		Secondary Headache	ONLINE
		Facial Pain - Principles and Management	ONLINE
		Pelvic Pain - Male and Female	ONLINE
		Visceral Pain	ONLINE
		Central and Widespread Chronic Pain	ONLINE
		Complex Regional Pain Syndrome	ONLINE
Module 06: Musculoskeletal		Under Construction	COMING SOON
<u>Module 07: Neuropathic Pain</u>	Deals with the diagnosis and evaluation of neuropathic pain and then looks at various instances of neuropathic pain and practical issues with the use of neuropathic pain medicines	Diagnosis and evaluation of Neuropathic pain	ONLINE
		Common Chronic Neuropathic Pain Medicine	ONLINE
		Practical Issues in Neuropathic Pain Medicine	ONLINE
<u>Module 08: Pain in Children</u>	This module will raise awareness of developmental, family, therapeutic and organisational issues that all need to be addressed in order to better manage pain in children	Pain in Children is Different	ONLINE
		Assessment of Children's Pain	ONLINE
		Acute Pain in Children	ONLINE
		Chronic Pain in Children	ONLINE
		Musculoskeletal Pain in Children	ONLINE
<u>Module 09: Pain in the Elderly</u>	This module focuses on assessment and the complexities and issues around assessing and managing pain in older adults.	Assessment of Pain in Older Adults	ONLINE
		Common Pain Conditions in Older People	ONLINE
		Medications and Older Adults	ONLINE
		Non-Pharmacological Approaches to the Management of Chronic Pain in Older People	ONLINE
<u>Module 10: Special Populations</u>	Covers the effect of pain in a number of special populations	Pain and Analgesia in Pregnancy	ONLINE
		Sickle Cell Pain	ONLINE
		Drug Addiction and Dependency and Pain - Introduction	ONLINE

		Drug Addiction and Dependency and Pain - Management	ONLINE
<u>Module 11: Cancer Pain</u>	Examines pain in cancer patients and looks at the causes and aetiology of that pain and its management via both drug and non-drug therapies	Causes and Aetiology of Pain in Cancer	ONLINE
		Pharmacological Cancer Pain Management	ONLINE
		Non-Pharmacological Cancer Pain Management	ONLINE
		Pain in Cancer Survivors	ONLINE
<u>Module 12: Basic Science</u>	Explains the physiological and anatomical aspects of pain and pain management and makes use of a number of existing sessions drawn from the award winning e-Learning Anaesthesia programme.	Anatomy of the ascending pain pathway	ONLINE
		Innervation of the trunk	ONLINE
		Physiology of pain	ONLINE
		Modulation and plasticity in the nociceptive system	ONLINE
		Pain and the peripheral nervous system	ONLINE
		Pain and the central nervous System	ONLINE
		Nociceptive pain	ONLINE
		Visceral Pain	ONLINE
		Neuropathic pain	ONLINE
Imaging and pain	ONLINE		