



# FACULTY OF PAIN MEDICINE

## of the Royal College of Anaesthetists

### SUMMARY DOCUMENT FOR ADVANCED PAIN TRAINING POSTS

Please complete one document per Advanced Pain Training post within your region

<b>Region</b>	Anglia		
<b>RAPM</b>	Lorraine de Gray		
<b>Date of Review</b>	1 Feb 2016	<b>Post start Date</b>	February or August

Hospital Name	Duration	LPMES Name	Component
Norfolk and Norwich University Hospital NHS Foundation Trust, Norfolk	6 months	Dr Michael J Hudspith	<i>Chronic pain, Acute pain, Cancer pain, Pain Management programme, Pain education programme, Palliative Care (Priscilla Bacon Lodge) Neuromodulation – implantations and revisions. Specialist clinics: facial pain, pelvic pain</i>
Cambridge University Addenbrookes Hospital NHS Foundation Trust, Cambridgeshire	6 months	Dr Christopher Green	<i>This centre only accepts secondary care referrals. Chronic pain, Acute pain, Paediatric pain, Cancer Pain, Palliative Care (Arthur Rank Hospice), Pain education programme, Pain management programme, Neuromodulation. Specialist clinics: pelvic pain</i>
Peterborough and Stamford Hospitals NHS Foundation Trust Cambridgeshire	6 months	Dr Arun Sehgal	<i>Chronic pain, Acute pain, Pain education programme, pain management programme, Neuroablative procedures</i>
The Ipswich Hospital NHS Trust, Suffolk	6 months	Dr Arun Natarajan	<i>Chronic pain, Acute pain, Cancer pain, Palliative care (St Elizabeth Hospice), Pain education programmes, Pain Management programmes, Neuromodulation: DCS, Intrathecal pumps</i>

<p>The Queen Elizabeth Hospital NHS Foundation Trust, King's Lynn, Norfolk</p>	<p>6 months</p>	<p>Dr Lorraine de Gray</p>	<p><i>Chronic pain, Acute pain, Cancer pain, Pain education programmes, Chronic Fatigue Syndrome programme, Spinal pain programme, Paediatric pain: including Paediatric OT, Physiotherapy and Psychology. The hospital has a dedicated Clinical Psychology department providing specialist psychology services to Neurology, Diabetes, General medicine and Surgery, Sexual Health. There is also a palliative care ward within the hospital itself.</i></p>
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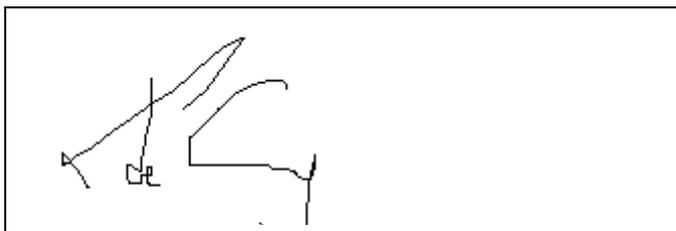
**Comments:**

**Advanced pain trainees** are assigned to spend six months each within two of the centres listed above. The centres chosen will be in agreement with the RAPM and the Programme Director and is usually done on the basis of availability. In view of the considerable distance that trainees have to travel, where possible, consideration is given to where the trainee is living when deciding allocation. However, trainees are expected to spend the year divided between two of the five centres.

The RAPM ensures that a comprehensive programme is provided between the two centres to ensure that all aspects of the curriculum are covered. Trainees are encouraged to visit any of other three centres to gain experience in less commonly performed procedures such as coeliac plexus block, intrathecal pump insertion if required or to gain experience in specialized clinics. Palliative care and cancer pain is accessed within the parent hospitals but visits to the hospices is encouraged. All five hospitals have spinal surgical services with regular multidisciplinary meetings held with the spinal teams. Addenbrookes Hospital is the regional centre for Neurosurgery and a major trauma centre, and also links to the Papworth Hospital for Cardiac surgery. Papworth Hospital has a dedicated acute and chronic pain service for patients with chronic refractory angina, or post thoracotomy and post sternotomy pain.

Formal teaching is organized for post FRCA trainees and trainees are also able to access regular tutorials organised by London PTAG. **This region is committed to ensure that trainees undergoing training in advanced pain medicine do not provide any anaesthetic commitments except for nights and weekends on call during this year of training, in order to ensure they gain maximum experience in pain medicine.**

Signed

A handwritten signature in black ink, appearing to be 'J. E. ...', is written inside a rectangular box.

Date

23/04/2016