



FACULTY OF PAIN MEDICINE

of the Royal College of Anaesthetists

Minutes of the Board meeting held on Thursday 12 September 2013

Members:

| | |
|-----------------------|---|
| Dr K Grady | (Dean) |
| Dr M B Taylor | (Vice-Dean) |
| Professor D Rowbotham | |
| Dr B Collett | |
| Dr J Goddard | |
| Dr J Hughes | |
| Dr K Simpson | |
| Dr C Stannard | (via teleconference) |
| Dr S Ward | |
| Dr W Campbell | (Co-optee: President, British Pain Society) |
| Dr S Gilbert | (Co-optee: Lead Clinician for Chronic Pain, Scotland) |
| Dr B Miller | (Co-optee: Chair, Regional Advisors in Pain Medicine) |

Apologies:

| | |
|------------|---|
| Dr H Jones | |
| Dr E Baird | (Co-optee: Trainee representative) |
| Ms C Green | (Co-optee: Lay representative, Patient Liaison Group) |

In attendance:

| | |
|---------------|-----------------------------------|
| Ms S Drake | (Education and Research Director) |
| Mr D Waeland | (Head of Faculties) |
| Mr J Goodwin | (Faculties Supervisor) |
| Miss A Ripley | (Faculties Coordinator) |
| Miss D Evans | (Faculties Administrator) |

CEREMONIAL PROCEEDINGS

Dr Kate Grady was inducted as the new Dean of the Faculty. Professor David Rowbotham was presented with the Past Dean's medal.

BFPM/09.13/1 WELCOME AND APOLOGIES

Apologies were received as above and the Dean welcomed Dawn Evans as the new Faculties Administrator.

BFPM/09.13/2 MINUTES OF THE LAST MEETING

The minutes of the last meeting held on 16 May 2013 were agreed as a true record of events, subject to some minor amendments.

BFPM/09.13/3 MATTERS ARISING

- The Board were informed that the nominations of Maria Fitzgerald and Michael Bond

for Fellow by Election have been approved by the RCoA Nominations Committee; they will be receiving the Fellowship at the Annual Meeting on 22nd November.

- The Board were informed that the advert for an SAS member of the Board is in draft form and will be sent out shortly.

BFPM/09.13/4 DEAN'S STATEMENT

4.1 British Acupuncture Council

The Board discussed the response from the British Acupuncture Council to the FPM's letter following the May Board Meeting. The Board decided that they were affirmed in their position to not offer a letter of support

ACTION: The Dean to write to the BAAC.

4.2 Clinical Trials Network

Professor Rowbotham reported that the strategy for creating the network has changed. Due to a reorganisation of NIHR new pain leads will be appointed for each region and these can be used to assist with the creation of the network.

4.3 James Lind Alliance

The Board felt it was appropriate to work with the James Lind Alliance research organisation and agreed to assist by distributing a survey about research priorities for hip and knee replacement to all Fellows and placing information on the FPM website.

**ACTION: Dr Taylor and Ms Drake to draft an email for FPM admin to send out to all Fellows.
FPM admin to place link on website.**

4.4 G.P. diploma

The Board reviewed a request from a GP that the Faculty create a diploma examination for GPs practising Pain Medicine. The Board felt that an examination is not feasible but would welcome GPs to its educational events. It was suggested that this GP be put in contact with Dr Martin Johnson, GP Champion for Pain. It was noted that the Faculty had made input to the current competencies in Pain Medicine for GPs with a Special Interest. There is also the possibility of GPs using e-pain as a learning platform.

ACTION: FPM admin to put reply to GP.

BFPM/09.13/5 FPM BOARD STRATEGY

5.1 Chairs and Deputy Chairs of Committees

The Board were informed that Dr Barry Miller will take over as Chair of FPMTAC, with Dr Jon McGhie as deputy Chair. Dr Beverly Collett will take over from Dr Simpson as Chair of FPMPSA and Dr Tony Davies will be deputy Chair. Dr Simpson will become Chair of the Examiners.

5.2 BPS/FPM executive meeting

The Dean reported that the BPS and FPM executive plan to have regular meetings.

5.3 Interaction with BPS and Commissioning

Dr Collett reported that following a meeting of the Clinical Reference Group (CRG) , a

new pathway will be developed with the intention of defining specifications for commissioners on back pain and sciatica. The Board were also informed that Dr Ward has been appointed as Chair of the NICE low back pain guidelines. The Board commented that it is helpful being represented on both of these work streams so the FPM can be kept abreast of developments.

Dr Collett further reported that the RCGP commissioning support document, their work stream post summit, is still in progress and has been circulated to the Board; the Board were asked to send any comments in by the end of September.

5.3.1 Radicular pain document

Dr Goddard reported that this is a BOA pre-consultation document and this may be put on hold due to the new Pathfinder project.

5.4 Acute/Paediatric Pain

Dr Taylor reported that a statement on training in paediatric pain medicine will be circulated to the Dean and Dr Goddard and then it can be put onto the FPM website. Dr Taylor further reported that Dr Richard Howard had sent him the programme and feedback from the first RCPCH/GOSH 'How to manage Paediatric Pain' study day held in May. The study day had been well received.

The course is based on the FPM paediatric pain curriculum. It is planned that similar standardised study days will be held nationally; these will be of relevance to Advanced Pain Medicine trainees.

**ACTION: Dr Taylor to circulate Paediatric Pain Medicine training guidance.
FPM admin to put statement on website**

Professor Rowbotham reported that the issue of how to engage with Acute Pain practitioners is still ongoing. The Board agreed that Dr Mark Rockett should be approached to advise on this matter.

ACTION: Dr Grady to approach Dr Rockett in regards to acute pain practitioner engagement.

5.5 Evidence base

Dr Ward informed the Board that the latest version is ready to go onto the FPM website. Dr Ward requested the help of a trainee with this project and Dr Simpson suggested one of her trainees, Dr James Taylor.

**ACTION: Dr Simpson to give Dr Taylor's contact details to Dr Ward.
Dr Ward to send latest version to FPM admin for website publication**

5.6 e-Pain

Ms Drake reported that Dawn Evans is taking over as the administrator for e-Pain and that a soft launch with the FPM Board and RCoA Council is taking place on 3rd December.

5.7 Pain Summit: Problematic Pain

Professor Rowbotham reported that a meeting is occurring next week to discuss the recommendations, an interim report will be produced which will be brought to the next Board meeting.

6.1 FMPSC Minutes

The Board received the minutes of the last meeting.

6.2 Patient Information Leaflets Working Party

Dr Collett reported that the group had their first meeting at which it was decided a Q and A layout would be adopted for the leaflets. The group decided to do a test leaflet on amitriptyline, which has been drafted and commented on and the final draft is now being tested by the group on their patients and peers. Dr Collett further reported that at the next meeting, the questionnaire answers will be analysed and they will use this information to tweak the leaflet. They will also decide which other drugs to write leaflets for.

6.3 Drugs and Driving regulations

Dr Stannard informed the Board that the Faculty is responding to a proposed government bill on drugs and driving. The Board discussed the proposed legislation and support the concept that some drugs on the bill should be zero tolerance whilst some should have pre determined limits. Dr Cathy Stannard will collate the Board's comments and will respond on the Faculty's behalf.

ACTION: Dr Stannard to respond to the consultation on the Faculty's behalf.

6.4 Pain in secure environments

Dr Stannard reported that following the successful implementation of a project by Public Health England (PHE) and the RCGP on addiction management in prisons, PHE have asked the FPM to run a similar educational programme for Pain Management in secure environments. This is being led by Dr Stannard but awaits agreement of funding by PHE. Once the funding is in place, the Faculty will work with PHE to create and implement the educational programme.

6.5 Opioid prescribing resource

Dr Stannard reported that following on from a request to rewrite the BPS opioids guidance, a larger project has emerged with various stakeholders. This is to create a definitive resource for opioids prescribing. This will be implemented by Public Health England and NHS England they have tasked the FPM to lead the project, however the project is pending PHE funding approval.

6.6 Scheduling Tramadol

Dr Stannard reported that the FPM have been asked to respond to a consultation on the scheduling of tramadol under the Misuse of Drugs Regulations 2001. The Board discussed the issues of tramadol being scheduled and the possible implications for prescribing. Dr Stannard will draft a response and circulate it to the Board for comments.

ACTION: Dr Stannard to draft a response and send to the Board for comments.

6.7 Events

Miss Ripley reported that bookings are being taken for the Annual Meeting on 22nd November and that there will be two study days on 3rd and 4th February which are currently being finalised. The Board were informed that some pharmaceutical companies have asked about funding delegates to attend FPM events. The Board agreed that this would be allowed if it was done transparently.

ACTION: FPM admin to put a statement on the website regarding delegate

funding for events.

BFPM/09.13/7 FPM TRAINING AND ASSESSMENT COMMITTEE

7.1 FPMTAC Minutes

Dr Grady highlighted that there is concern over the lack of exposure during Pain Medicine training to cancer pain sessions which was highlighted in the trainee survey; Dr Taylor proposed and the Board discussed that 8 – 10% of Advanced Pain Medicine training should be cancer pain related. Dr Miller will discuss this with the RAPMs at their meeting in November.

ACTION: Dr Miller to talk to RAPMs regarding trainee cancer pain exposure.

7.2 FPMRCA Examination

Dr Grady reported that the third sitting of the MCQ exam has occurred and the SOE is being held in October.

7.3 FPMRCA examination for Fellowship applicants

The Board discussed when to make passing the FPMRCA examination compulsory for Fellowship applicants. The Board decided this would be implemented on 1st January 2014; The last date for applicants applying via experience will be 31st December 2013.. FPM admin will advertise this on the FPM and RCoA website and email the RAPMs to circulate this information..

ACTION: FPM admin to put notice on websites and email RAPMs

7.4 Membership for those who do not pass the FPMRCA exam.

The Board considered whether a new route of entry to the Faculty should be created to encompass those who have undertaken Advanced Pain Medicine training but fail the examination or do not take it. The Board decided to wait to see how many people this would effect before deciding whether to create a new membership route.

7.5 Assessment Working Party

Dr Miller informed the Board that the AWP will hold one more meeting to conclude its business. The Quality and Assessment subcommittee has been created, with Jon McGhie chairing, to take over some of the work streams. The main areas worked on by the AWP are: redrafting of the assessment guidance, the logbook, the Fellowship applications, which have been streamlined and the trainee area of the website which has been updated.

7.6 Workforce

This item will be considered at the next meeting.

BFPM/09.13/8 REGIONAL ADVISORS IN PAIN MEDICINE

Dr Miller reported that elections will be held in the next few months for his successor. The Board discussed whether to allow a RAPM chair to be re-elected for a second term in future and agreed on this in principle; FPM admin will look into the constitution to see if this change can be easily implemented. Dr Miller further reported that the RAPM roles and responsibilities document is under review.

ACTION: FPM admin to see whether RAPM Chair can be re-elected for a second term

BFPM/09.13/9 FACULTY REPRESENTATIVES REPORTS

9.1 National Pain Audit

The Board were informed that there will be a launch on 29th October 2013 and that funding has been agreed to extend the project by a further two years.

9.2 CPPC Affiliates and Executive Meeting

Dr Collett reported that: Kate Grady will now be attending the CPPC meetings; they are working on their awareness campaign; they are working with employers on pain and work and that the follow up to the Pain Summit, the Health Select Committee, will occur in November 2014.

BFPM/09.13/10 ANY OTHER BUSINESS

There was no other business raised.

BFPM/09.13/11 MATTERS FOR INFORMATION

11.1 Terms of office of Regional Advisors in Pain Medicine

11.2 Table of consultations

11.3 List of Publications and Releases

BFPM/13.05/13 DATES OF FUTURE BOARD MEETINGS

Thursday 12 December 2013

Thursday 27 February 2014

Thursday 8 May 2014

ACTION POINTS

| Item | | Action | |
|------|-------------------------------|------------------------------------|--|
| 4.1 | British Acupuncture Council | The Dean | To write to the BAaC to inform them that the Faculty is still unable to write a letter of support. |
| 4.3 | James Lind Alliance | Ms Drake Dr Taylor FPM Admin | Send an email out to all Fellows and to place a link on the FPM website |
| 4.4 | GP diploma | FPM Admin | To request a business case |
| 5.4 | Paediatric Pain | Dr Taylor FPM Admin | Finalise Paediatric Pain training guidance and put onto FPM website |
| 5.4 | Acute Pain | The Dean | Approach Mark Rockett in regards to acute pain practitioner engagement |
| 5.5 | Evidence Base | Dr Ward/FPM Admin | Dr Ward to send final version to FPM admit to put onto FPM website |
| 6.3 | Drugs and driving regulations | Dr Stannard | To respond to the consultation on the Faculty's behalf |
| 6.6 | Scheduling tramadol | Dr Stannard | To respond to the consultation on the Faculty's behalf |
| 6.7 | Events | FPM admin | Put statement on website regarding delegate funding for events |
| 7.1 | FPMTAC minutes | Dr Miller | Talk to RAPMs about trainee expose to cancer pain |
| 7.3 | FFPMRCA examination | FPM admin | Advertise on website and to RAPMs the implementation of compulsory FFPMRCA exam taking |
| 8 | RAPMs | FPM admin | Investigate extending the term of the RAPM chair |