



FACULTY OF PAIN MEDICINE

of the Royal College of Anaesthetists

Workplace Based Assessment Guidance

This document is designed to provide guidance for LPMESs carrying out Workplace Based Assessments (WPBAs) during Advanced Pain Training. The WPBAs should cover the breadth of the Advanced Pain Training curriculum and increase in their degree of complexity to reflect improved competence of the trainee.

Examples of areas to be considered are:

- acute postoperative pain,
- acute non postoperative pain,
- neuropathic pain
- chronic musculoskeletal pain
- chronic pain with complex psychological issues
- cancer pain
- pain in vulnerable groups such as elderly, paediatric, physically and mentally impaired etc.

Example Assessment Guidance

Please note: The examples of WPBAs given below are EXAMPLES ONLY and not restrictive

Quarter 1: WPBA's to reflect competency in assessing, treating and managing non-complex nociceptive (acute or acute on chronic) and non-complex neuropathic pain.

Examples of WPBAs for 1st quarter

- CBD: bio-psychosocial assessment for chronic pain (back pain)
- DOPS: trigger point injection, External neuromodulation, IV infusions, peripheral nerve blocks, TENS etc
- ACeX: Neurological examination for patient with back pain and leg pain, other clinical examination as appropriate for this level of training

Quarter 2: WPBA's to reflect competency in managing increasing complexity of cases such as complex musculoskeletal and neuropathic presentations.

Examples of WPBAs for 2nd quarter

- CBD/ACeX: presentations with overt or covert psychosocial issues, complex back pain or complex neuropathic pain assessment +/- management plan
- DOPS to demonstrate increased competency with interventions as per local practice (use of ultrasonography, X ray guided etc)

Quarter 3: WpBA's to reflect competency in assessing and managing specialized presentations such as cancer pain, paediatric pain or other vulnerable groups as described above.

Examples of WPBAs for 3rd quarter

- DOPS, ACeX, CBD: to assess communication skills, specialized interventions as appropriate for local practice.

Quarter 4: WPBA's to reflect involvement in multidisciplinary pain management, Leading and participating in multidisciplinary meetings, complex interventions as per local practice or locally available training, demonstrates ability for independent practice.