



## e-PAIN Modules & Sessions Update

Module Name	Module Description	Session Name	Status
<b>Module 01: Basic Pain Management</b>	An overview and introduction for non-specialists to the topic of Pain Management.	Epidemiology and the burden of pain	ONLINE
		Definitions and mechanisms of pain	ONLINE
		History, examination and assessment of pain	ONLINE
		Common medications and therapies for pain	ONLINE
		Acute pain management	ONLINE
		Chronic pain management	ONLINE
		Predictors for chronic pain	ONLINE
		Ethical considerations in pain management	COMING SOON
<b>Module 02: Basic Science</b>	Explains the physiological and anatomical aspects of pain and pain management and makes use of a number of existing sessions drawn from the award winning e-Learning Anaesthesia programme.	Biopsychosocial model in pain management	ONLINE
		Anatomy of the ascending pain pathway	ONLINE
		Innervation of the trunk	ONLINE
		Physiology of pain	ONLINE
		Modulation and plasticity in the nociceptive system	ONLINE
		Pain and the peripheral nervous system	ONLINE
		Pain and the central nervous System	ONLINE
		Nociceptive pain	ONLINE

		Visceral pain	ONLINE
		Neuropathic pain	ONLINE
		Psychology Aspects of Acute Pain	ONLINE
		Imaging and pain	ONLINE
<b>Module 03: Treatment 01: Pharmacological</b>	Looks at the treatments available for pain, both pharmacological and non-pharmacological.	Non-steroidal anti-inflammatory drugs	COMING SOON
		Paracetamol	COMING SOON
		Opioids - basic principles	COMING SOON
		Commonly used opioids	COMING SOON
		Local anaesthetics	COMING SOON
		Assessing treatment efficacy	COMING SOON
		Multimodal analgesia	COMING SOON
		Anticonvulsants	COMING SOON
		Antidepressants	COMING SOON
<b>Module 03: Treatment 02: Non-pharmacological</b>		Multidisciplinary management of pain	COMING SOON
		Psychological assessment and approach to treatment	COMING SOON
		Interventional procedures for pain relief	COMING SOON
		Self-management strategies	COMING SOON
		TENS and alternative treatments	COMING SOON
<b>Module 04: Acute Pain 01: Introduction</b>	A more detailed look at acute pain. The first part of the module, Introduction, includes content to enable users to gain knowledge of the assessment and management of acute pain. The second section, Acute Pain Techniques, provides further detail on the	History, organisation and objectives of acute pain teams	ONLINE
		History, examination and simple uni-dimensional tools	ONLINE
		Perioperative management of chronic pain patients	ONLINE
		Preventative vs. Pre-emptive analgesia	ONLINE

	treatment methods for acute pain.	Chronic post-surgical pain	ONLINE
<b>Module 04: Acute Pain 02: Acute Pain Techniques</b>		Step III: Administration Techniques – IV Bolus, PRN, Infusion	ONLINE
		Step III: Administration Techniques – IV PCA	ONLINE
		Step III: Administration Techniques - Oral, Intramuscular, Subcutaneous, Rectal, Sublingual and Inhaled	ONLINE
		Chronic MSK pain – diagnosis and management	COMING SOON
<b>Module 05: MSK Pain</b>		Cervical Pain diagnosis and management	COMING SOON
		LBP- Diagnosis, management and interventional therapy	COMING SOON
		Pain Management in Sports Medicine	COMING SOON
		Diagnosis and evaluation of Neuropathic pain	ONLINE
<b>Module 06: Neuropathic Pain</b>	Examines Neuropathic pain and looks in detail and various common chronic pain conditions including PHN, PDPN, TGN and phantom limb pain. Neuropathic pain medicines, including TCA, Duloxetine, Gabapentinoids and topical treatments, are also addressed.	Common Chronic pain conditions - 1 -PHN, PDPN, TGN	COMING SOON
		Common Chronic pain conditions – Phantom limb pain	COMING SOON
		Practical issues in neuropathic pain medicines (TCA, Duloxetine, Gabapentinoids, topical treatments)	COMING SOON
		Primary Headache	COMING SOON
<b>Module 07: Other Chronic Pain</b>	Module 7 looks at other chronic pain including: - headache - pelvic pain - facial pain - visceral pain - central and widespread pain	Secondary Headache	COMING SOON
		Chronic pelvic pain	ONLINE
		Facial pain principles and management	ONLINE
		Visceral Pain – gastrointestinal, oesophageal, non-cardiac chest pain	COMING SOON
		Chronic Regional Pain Syndrome	COMING SOON
		Common Chronic pain conditions – Central and widespread pain	COMING SOON
		Pain and analgesia in pregnancy	ONLINE
<b>Module 08: Special Populations 01: Specific Conditions</b>		Sickle cell pain	COMING SOON

		Drug addiction and dependency	COMING SOON
<b>Module 08: Special Populations 02: Paediatric Pain</b>	Looks at pain linked to a number of specific conditions and pain in specific populations including: <ul style="list-style-type: none"> <li>• pain in pregnancy</li> <li>• pain in sickle cell disease</li> <li>• management of pain in individuals suffering from drug addiction and withdrawal</li> <li>• paediatric pain</li> <li>• pain in older people</li> </ul>	Pain in children is different	COMING SOON
		Assessment of pain in children	COMING SOON
		Acute pain in children	COMING SOON
		Chronic pain in children	COMING SOON
		Musculoskeletal pain in children	COMING SOON
		Assessment of pain in older adults	ONLINE
		Common conditions	COMING SOON
<b>Module 08: Special Populations 03: Pain in Older People</b>		Medications and older adults: Prescribing implications in organ dysfunction	COMING SOON
		Cognitive strategies in older adults	COMING SOON
		<b>Module 09: Cancer Pain</b>	Addresses pain management in patients suffering from cancer and in cancer survivors.
Principles of management of pain in cancer: drug therapies	COMING SOON		
Non-pharmacological Cancer Pain Management	ONLINE		
Pain in cancer survivors	COMING SOON		