



Dr Sanjiv Patel (Chairman) / Dr Sumit Gulati (Co-Chairman) / Dr Hywel Jones / Dr Jennie Kerr / Dr Katy Nicholson
 Dr James Dawson / Dr Caroline Hawe / Dr Gethin Pugh (WAB) / Dr Prit Anand Singh (SAB) / Dr Alex Beckingsale (GAT)

Prehospital & Intensive Care training update



Pre-Hospital Emergency Medicine (PHEM)

PHEM is a General Medical Council approved subspecialty for Anaesthesia. The official guide to subspecialty training in PHEM 2012 and Assessment Blueprint has now been published and is available on the Intercollegiate Board for Training in Pre-hospital Emergency Medicine (IBTPHEM) [website](#).

Training in PHEM will take place during the higher training stage of Anaesthesia (ST5-ST7). This can be in the form of a 12 month WTE period or 2 x 6 month attachments taken after ST5.

Recruitment

Appointment to training in PHEM will take place during intermediate level training. Nationally organised recruitment is likely to commence in August 2013, with locally organised recruitment at Deanery level in the interim period. It is not expected that every Deanery will provide a training programme at this stage.

Entry requirements for trainees in Anaesthesia will include at least 6 months experience in Emergency Medicine at core training level. If this was not completed as part of an ACCS programme, an out of programme experience will be necessary prior to commencement of training.

Curriculum

The PHEM 2011 curriculum has been developed by the Intercollegiate Board for Training in Pre-hospital Emergency Medicine and comprises a framework of six subspecialty themes and four 'cross-cutting' or generic themes.

Intensive Care Medicine (ICM)

August 2012 will also see the introduction of the new curriculum for the new single CCT in Intensive Care Medicine. This will be the first time a doctor in the UK can train exclusively in ICM. Training and assessment will be supervised by the Faculty of Intensive Care Medicine (FICM).

Single CCT

Single CCT in ICM will be the default option for trainees entering ST Training in the future. Recruitment to the previous Joint CCT scheme will end in July 2013.

Entrance to ST3 ICM will be through a National Recruitment process, following completion of Core Training in Anaesthesia, ACCS or Medicine. Such trainees will have successfully passed one of the partner specialty exams: Primary FRCA; MCEM or MRCP (UK) respectively. A Primary FFICM examination is presently under development.

Dual CCT

It will remain possible to train in ICM in combination with a partner specialty such as Anaesthesia, resulting in the award of Dual CCTs. This is in contrast to the previous system which resulted in the award of a Joint CCT which occurred in conjunction with a parent specialty.

A Dual CCT will mean an extended period of training, which in turn is dependent on the individual experience of the trainee, but is likely to represent a training duration of at least 8 years and 6 months >

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Intensive Care Medicine Curriculum

Training will be divided into 3 stages:

Stage 1: ST3-4
Individualised training to develop core ICM competencies that the trainee did not encounter as part of their Core Training

Stage 2: ST5-6
Specialist areas of Neuroscience, Cardiothoracic and Paediatric ICM. Development of a special area of interest such as academics or management

Final FFICM required

Stage 3: ST7
Dedicated completely to ICM to further develop autonomy in clinical practice

Further information regarding ICM Training, Curriculum and recruitment can be found in the relevant sections of the FICM [website](#).

committee

Changes on the Committee

Sumit Gulati joined the Trainee Committee in April 2012 after his appointment to RCoA Council as a trainee representative. He is currently a Specialty Registrar in Leeds having previously worked in Manchester and North Lancashire as an SHO, and in London during his advanced pain training.

Peeyush Kumar and Natasha Joshi were successful in the recent Trainee Committee elections and we very much look forward to working with them.

Davina Ross Anderson has demitted office to take up a consultant post at the Royal London Hospital and James Dawson will stand down in August to take up a Consultant post in Nottingham. We wish them both all the very best for their future endeavours.

Keeping in Touch

Keeping your details up-to-date with the RCoA is important and easy to do.

Having outdated contact details means you'll miss out on training and educational updates, voting papers, and information and offers on courses and meetings.

You can update your details by [email](#), telephone (020 7092 1700) or use the [online form](#). Just include your College Reference Number and/or your GMC number.



A huge amount of work went into this project as the structure of the underlying website was overhauled along with the outward appearance. We hope you like it and find it easy to use. If you encounter any problems please contact the website team: website@rcoa.ac.uk.

Guidance for Unsuccessful Examination Candidates

Guidance interviews have changed. Previously, unsuccessful candidates were offered a guidance interview at the College, but they are now being offered locally.

Candidates unsuccessful in the Primary OSCE/SOE (either or both parts), Final written, or Final SOE can apply for a guidance interview. Guidance interviews are not available for the Primary MCQ and in the case of failure advice should be sought from your college tutor.

Guidance interviews will still be delivered by College examiners but will be carried out locally to minimise inconvenience to candidates. In the rare circumstance that a local examiner is unavailable, the interviews may be arranged at the College for convenience.

You can only apply for one guidance interview per exam component. The aim of the interview is to help you perform better in the next exam by giving you strategic advice, rather than going through

your exam paper question by question. You do not have to attend a guidance interview but they are provided to assist candidates.

Guidance interview can be arranged by contacting the [Examinations Administrator](#) within one calendar month of the failed examination component.

See the [guidance section](#) of the examinations page on the website for further information.

Examinations Review 2011

The entire examinations process was reviewed during 2011. This was deemed necessary in light of the huge numbers of changes that have occurred in anaesthetic recruitment and training in recent years, and the climate of reduced working hours.

A number of action points were identified to improve candidate experience and to improve pass rates. There are also changes to Examiner recruitment. However the exam content and structure remains unchanged. The full report is available to read via the RCoA [website](#).

cv points

Need to fill a gap on your CV? Bursting to share a fabulous idea? The College Bulletin needs you! We are looking for articles for the trainees' page. Please e-mail proposals to: trainee@roca.ac.uk

e-Learning in Anaesthesia

e-LA is there for you. It was developed to cover the anaesthetic curriculum. Log on to take a look [here](#).

RCoA Final FRCA Course

2-6 Jul 2012; £360 registered trainees

This course is intended for those studying for the Final FRCA exam.

The course is designed to provide candidates with a detailed knowledge and understanding of topics covered in the exam syllabus and identifies what examiners expect from answers to exam questions.

The course covers key areas that candidates find difficult within the exam and employs a reinforcement approach to learning in which knowledge acquired in lectures is underpinned by practice MCQs and reinforced by small group tutorial sessions to ensure candidates are as well prepared as possible for the Final FRCA exam.

OOPE in Dervan, India

For ST5+ or post-CCT 6 months. Full details to be found [here](#).

grants

Society of Educators in Anaesthesia

SEA (UK) is an educational organisation catering for anaesthetists who have a particular interest in medical education within anaesthesia.

Although the society is popular with all grades of anaesthetists, the number of trainee members has grown significantly, representing the increasing interest in the wealth of varied learning and training opportunity within our speciality. SEA (UK) provides an excellent platform which anaesthetists can use to develop the skills needed to become the teachers and trainers of tomorrow. SEA (UK) is pleased to offer 3 types of grants:

A SEA (UK) sponsored National Institute of Academic Anaesthesia (NIAA) Research Project Grant

For up to £5K intended to help support research of an educational nature that will benefit education in anaesthesia, critical care or pain. Application is via the NIAA website. Round one closed on 20th April but a second round may be available later in the year if no one is initially successful.

The Greaves, Kumar and Myerson Awards

Three SEA (UK) sponsored NIAA Research and Travel Grants worth £500 each. The research grant may be used to support research relevant to education in all fields of anaesthesia and the travel grant may be awarded to allow the applicant to undertake a visit that would enable the applicant to gain exceptional experience of an educational nature. Application is via the NIAA website and closes 3rd August 2012.

The Society's Travel and Research Grant

Provides a grant for £500 to support research and travel in all fields of anaesthesia. It is advertised three times a year via the SEA (UK) website.

For more information regarding the society and the above grants visit www.seauk.org.

courses

Courses at the College

Anaesthetists as Educators: Teaching and Training in the workplace

17-18 Sep 2012; £310 registered trainees

This course builds on the knowledge and skills of the 'Anaesthetists as Educators – An Introduction'. It is intended for career grade and senior trainees in anaesthesia, who already have experience of teaching and supervising trainees in the clinical environment.

The course looks at the education and assessment of trainee anaesthetists and raises awareness of some of the key concepts associated with education.

Becoming a Consultant Day

20 Jul 2012; £160 registered trainees

A joint RCoA and AAGBI meeting. Come along and discover how to avoid the pitfalls awaiting newly appointed Consultants.

The day will include lectures by senior anaesthetists on a variety of challenges and issues facing new consultants, including re-validation, becoming a trainer, understanding the political and financial issues associated with working in the modern NHS and dealing with difficult personal and professional situations.

The target audience includes trainees approaching CCT, new Consultants and anyone preparing for a Consultant interview. Drinks reception afterwards for informal discussions.

There are also a multitude of workshop-style courses including airway management, ultrasound and venous access.

These courses are run both locally and at the RCoA. To view more details about the courses and book your place, go to the [Events Section](#) of the RCoA website.

prize

Faculty of Pain Medicine Trainee Publication Prize

Enter a peer reviewed research paper or systematic review published during 2011. Closes 21 Aug 2012.

Senseless



September this year sees the opening of the new exhibition, 'Senseless: Anaesthesia, Consciousness and Pain' at The Antenna Gallery in the Science Museum, London.

The gallery is run by the museum's contemporary science team and is dedicated to science news. The team has been guided by the expertise of Dr. Andrew Morley, Consultant Anaesthetist (director of Music from the Genome) in developing this exciting project.

The ideas of both lay and anaesthetic communities have provided the basis for a pioneering process that delivers an exhibition on current research in anaesthesia. It is hoped that the exhibition and post-launch events will enable a wider audience to engage in dialogue about anaesthesia.

So when all the hustle and bustle of the Olympics has settled down why not head to central London to see this exhibition and help raise the profile of our specialty amongst the public?



Fifth National Audit Project of the Royal College of Anaesthetists and the Association of Anaesthetists of Great Britain and Ireland

The AAGBI and RCoA launch the 5th National Audit Project, to identify cases of Accidental Awareness during General Anaesthesia (AAGA). The topic of AAGA is important to patients and anaesthetists alike.

The project, which is to be led by Professor Jaideep Pandit, will take place in every NHS hospital in the UK and aims to identify every new report of AAGA to a healthcare professional in the period from 1 June 2012 to 31 May 2013.

Further information on the project is available at www.nationalauditprojects.org.uk. A network of Local Co-ordinators has been established, with one responsible for each UK NHS hospital.

Any professional can register a report of AAGA and in the first instance this should be done via the network of Local Co-ordinators. The website www.nationalauditprojects.org.uk lists the Local Co-ordinators for all hospitals and enables email. A case can also be registered by email to naps@naps.org. When notifying a case, anonymity is vital: please state the date of the report, the relevant hospital and your contact details.

Please send any additional enquiries to Ms Maddy Humphrey at naps@naps.org.

Discussing Risk

Talking about risk with patients can be challenging. However, it is an essential part of Good Practice. The NCEPOD report "Knowing the risk", which was published towards the end of 2011, highlighted how important such discussions are with patients.

The RCoA produces a wide range of information leaflets for patients, including a series which deal purely with anaesthetic risks. They are all available on the [Patient Information](#) section of the RCoA website.

Bedtime Reading

Click on the titles for links to these recent publications relevant to trainees:

NICE: Opioids in palliative care: safe and effective prescribing of strong opioids for pain in palliative care of adults. May 2012

NPSA: Harm from flushing of nasogastric tubes before confirmation of placement Mar 2012

UK Donations Ethics Committee: Ethical framework for donations after circulatory death. Dec 2011

Intercollegiate Guideline Group: Guidelines for patients undergoing surgery as part of an enhanced recovery programme (ERP). Apr 2012

AAGBI: Checking anaesthetic equipment Jun 2012

RCoA: Returning to work. May 2012

NCEPOD: Time to intervene. Jun 2012

We hope you have enjoyed The Gas's new look. It was created by anaesthetic trainees Ollie Daly and Matt Wilkes of digital publishing company arguemedical.com. Click to get in touch with them here.